

# Abu Dhabi- Group fitness schedule

**Original Fitness Co.**

[www.originalfitnessco.com](http://www.originalfitnessco.com)

6am

8.45am

4pm

6.30pm

7.30pm

Sunday

Boot Camp  
Corniche  
Opposite Spinneys  
Khalidiya

Combat Fitness  
Camp - Corniche  
Opposite Spinneys  
Khalidiya

Boot Camp  
Corniche  
Opposite Spinneys  
Khalidiya

Monday

Tuesday

Boot Camp  
Corniche  
Opposite Spinneys  
Khalidiya

Combat Fitness  
Camp - Corniche  
Opposite Spinneys  
Khalidiya

Boot Camp  
Corniche  
Opposite Spinneys  
Khalidiya

Wednesday

Thursday

Boot Camp  
Corniche  
Opposite Spinneys  
Khalidiya

Boot Camp  
Corniche  
Opposite Spinneys  
Khalidiya

Friday

...our aim is your fitness