

Dubai - Group fitness schedule

	6am	8am	4pm	6.30pm	7.30pm
Sunday	Boot Camp Dubai Marina JBR Beach				Boot Camp Mirdif Park Mirdif
Monday	Boot Camp Umm Sugeim 3 Open Beach	Wonder Woman Boot Camp Layan Community		Punch Fitness Safa Park Gate 2	MMA Fitness Safa Park Gate 2
Tuesday	Boot Camp Dubai Marina JBR Beach				Boot Camp Mirdif Park Mirdif
Wednesday	Boot Camp Umm Sugeim 3 Open Beach	Wonder Woman Boot Camp Layan Community		Punch Fitness Safa Park Gate 2	MMA Fitness Safa Park Gate 2
Thursday	Boot Camp Dubai Marina JBR Beach Boot Camp Umm Sugeim 3 Open Beach				Boot Camp Mirdif Park Mirdif
Friday	7am Run Fitness Dubai Marina JBR Beach				

...our aim is your fitness